



BUILDING A FUTURE OF
**SPORTS
FOR ALL**

Gateway Region YMCA Adaptive Sports Complex





THE YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body **for all.**

THE NEED

Nearly 26%
of Americans have a disability

6.7 million
school-age children with disabilities
in the United States

74% of parents
believe it's important for their children
to play with a variety of kids, including
those with disabilities

**“Children have the
right to relax and
play...”**

and to join in a wide
range of cultural,
artistic and other
recreational activities”

– The United Nations Convention
on the Rights of the Child, 1989

OUR VISION

To allow more individuals with
disabilities to interact in their
communities without barriers
and give them the opportunity
to explore a variety of athletic
endeavors that can be
adapted to meet their needs.

**Every child
deserves a chance
to play sports**

Statistics courtesy of Landscape Structures, Inc.



OUR MISSION



NEW FACILITY,
CONTINUED
COMMITMENT

The Gateway Region Y, in partnership with the St. Louis Cardinals and Cardinals Care - the team's charitable foundation, Boniface Foundation, and Miracle League have broken ground on a new YMCA Adaptive Sports Complex on the campus of the South County YMCA.

Complex Total Cost:
\$5.6 Million

OUR ONGOING WORK

The Gateway Region YMCA currently serves more than 1,550 children and adults with disabilities - allocating over \$600,000 to support Inclusion and Adaptive Support Services.

TEAMWORKS

Teaching work and life skills to older youth transitioning to adulthood

Adaptive Fitness

1:1 support in customized fitness and swimming programs

Adaptive Sports

Sports adapted to children and adults with disabilities to ensure their success

YMCA Trout Lodge Programming

Partnerships with organizations serving disabled veterans and children with cancer, disabilities, and other special needs

Child Care and Camp Support

Support at no extra cost for children in day camp, before/after school programs, early childhood education and YMCA Camp Lakewood

We know there is a need beyond what we are offering. As a leader in youth development and healthy activities, an adaptive sports complex is a natural expansion of our work.



OUR COMMITMENT



PLAY WITHOUT BARRIERS

The Adaptive Sports Complex is about so much more than a game. It's about building self-esteem, making new friends, and ensuring children with disabilities are treated just like other athletes. From the design of the spaces to the high-quality programming, our athletes will experience play without barriers.

Miracle League Baseball Field

Teams play on a specially equipped, cushioned synthetic turf field that allows players utilizing mobility equipment to navigate the field unrestricted.

Adaptive Playground

All-inclusive playground including accessible swings, sensory-rich experiences, and other modified playground equipment to enable ALL children to play, learn and grow together."

Additional adaptive spaces

- Updated, fully-accessible walking track
- Turf soccer field
- Covered pavilion for seating, accessible restrooms, and concessions



Unified Play

The Gateway Region YMCA utilizes a partner player system for all our adaptive sports, seamlessly integrating athletes with and without disabilities. Together they not only have fun, but create a special bond as they work together as one team.

Miracle League All Star Game 2025

The YMCA Adaptive Sports Complex is honored to be the host of the 2025 Miracle League All Star Game, a weekend-long event bringing Miracle League athletes and their families nation-wide to our city.

PLAY WITHOUT BARRIERS

